

DAILY CHECK IN using Google Forms™

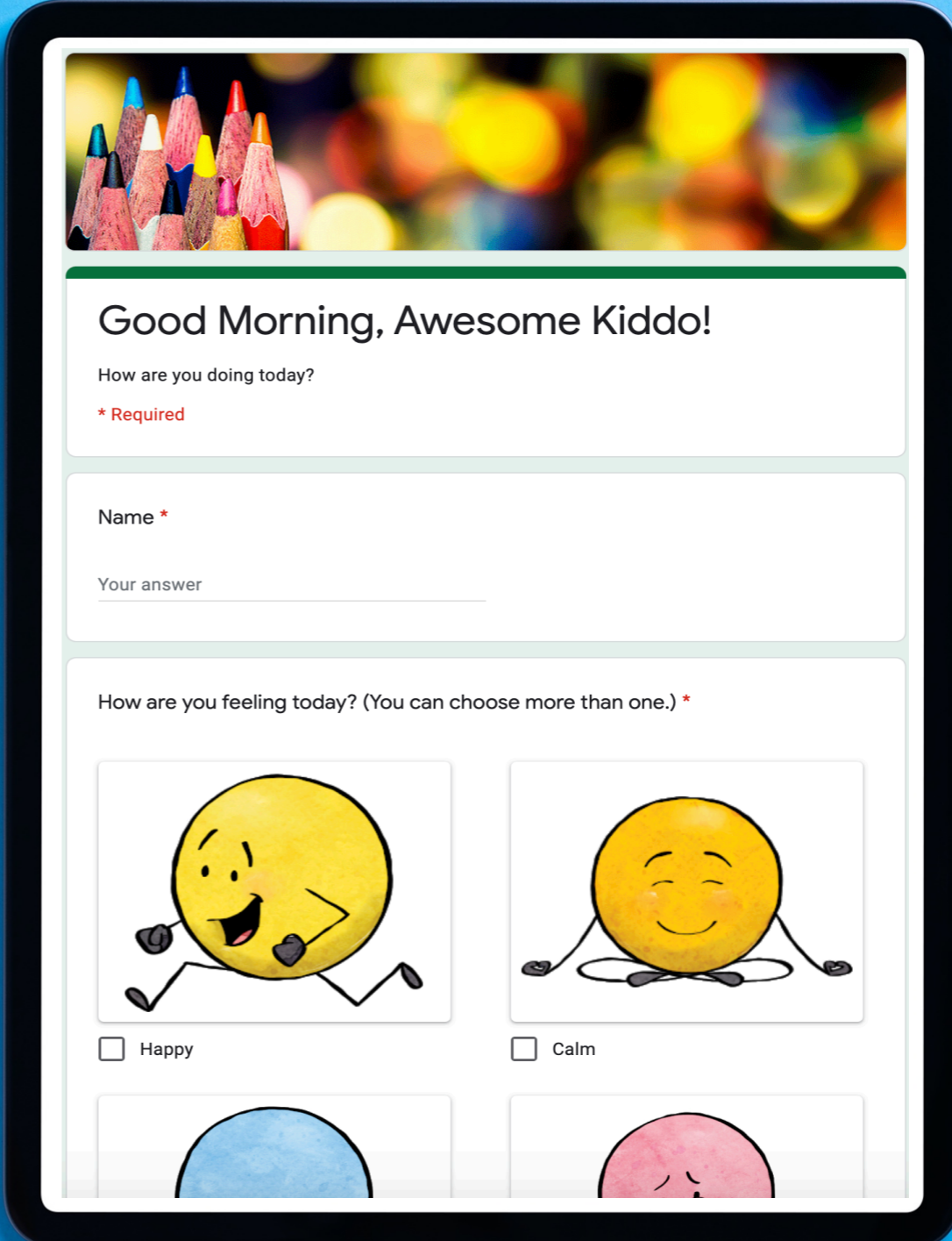


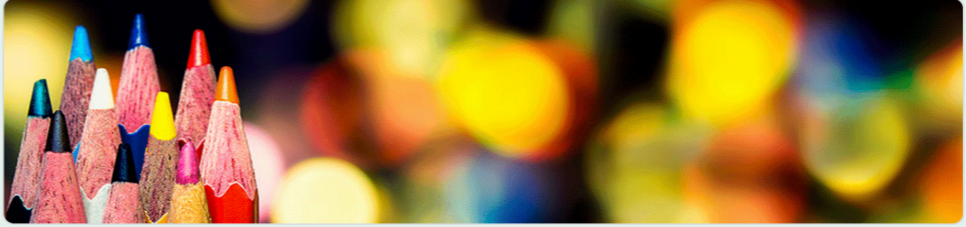
A Social-Emotional Learning Resource

MIKEY D TEACH 

for Google
Forms™

Two Templates (In-Person and Virtual)





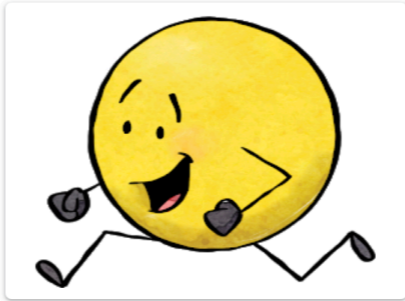
Good Morning, Awesome Kiddo!

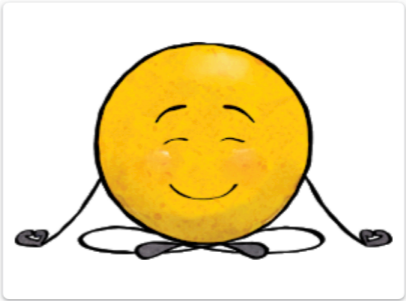
How are you doing today?
* Required


Name *


Your answer _____

How are you feeling today? (You can choose more than one.) *

 Happy

 Calm







Completely Editable!

How did you sleep last night? *

1 2 3 4 5

Didn't sleep at all 😞 Best night's sleep ever!

How are you feeling about school today? *

1 2 3 4 5

I don't want to be here. I am so happy to be here!

What do you need from your teacher? *

- A high-five.
- A hug.
- A fist bump.
- A reminder of how awesome I am.
- I need to talk to you ASAP.
- I need to talk to you when you have time.
- Nothing today - I'm good!
- Other: _____

Anything else you want to tell us?

Your answer _____



Connected to a Google Sheets™ Template

C	D	E	F	G	H
How are you feeling today? (You can choose more than one.)	How did you sleep last night?	How are you feeling about working online today?	What do you need from your teacher?	How long did it take you to complete the day's assignments? (When you were working hard and super focused.)	Is there anything else you want to tell us?
Happy, Calm	5	5	A virtual high-five., A note/reminder of how awesome I am.	1-2 hours	my family's glass table shattered
Happy, Calm	5	5	A note/reminder of how awesome I am.	1-2 hours	
Happy, Calm, Tired	3	4	Nothing today - I'm good! :)	2-3 hours	
Happy, Calm, Confident.	3	5	Nothing today - I'm good! :)	More than 3 hours	My brother tried to sleep with me because he complained it was "Scary" in his room.
Happy, Tired	3	3	Nothing today - I'm good! :)	1-2 hours	
Happy, Calm, Tired	3	4	A virtual high-five.	2-3 hours	
Happy	4	2	A virtual high-five.	1-2 hours	
Happy	5	5	Nothing today - I'm good! :)	More than 3 hours	
Calm	5	5	Nothing today - I'm good! :)	1-2 hours	
Happy, Calm	4	4	A virtual high-five.	2-3 hours	
Calm	4	4	Nothing today - I'm good! :)	1-2 hours	
Calm, Sad, Tired	4	4	Virtual hug. <3	1-2 hours	I miss you guys. :(
Calm, Tired	3	2	A virtual high-five.	1-2 hours	
Happy	5	5	A virtual high-five.	2-3 hours	
Tired	5	2	A virtual high-five.	2-3 hours	I miss you guys.
Happy, Calm, Mad that it i	4	3	Nothing today - I'm good! :)	2-3 hours	
Calm	4	1	Nothing today - I'm good! :)	2-3 hours	Nope!
Happy, Calm	5	5	A virtual high-five.	1-2 hours	Hi how are you today I hope you are feeling better.
Happy, bla	4	1	A virtual high-five., Nothing today	1-2 hours	
Happy	4	4	Nothing today - I'm good! :)	1-2 hours	
Happy, Calm	2	2	A virtual high-five., A note/reminder of how awesome I am.	2-3 hours	

