

# AGENCY AND SELF-ADVOCACY

## DIGITAL MINI-LESSON

Real-world practice with advocating for oneself!

Umi is in math class. She understands the math concept, but she can only figure out how to show her answer by drawing a picture. She asks the teacher if she can draw her answer, and he says yes.

Is Umi using her agency?

**YES**

**NO**

Why did you choose that response?

Umi knew what she needed, and she asked the teacher for permission to show her knowledge a different way.



**SCROLL**  
to take a look inside!

# TEACH THE SOFT SKILLS THAT WILL IMPROVE YOUR CLASSROOM COMMUNITY

- » Advocacy
- » Self-Agency
- » Wise Decision Making
- » Problem-Solving
- » Real-World Application

Angela is taking a test. She is confused on one question and can't remember the right answer. The teacher isn't looking at her.

Angela thinks of two options for her situation.

- A. She can pull out her binder and cheat to find the answer.
- OR
- B. She can skip it and come back to it later.

Which option would you choose if you were Angela? Why?

Angela should skip it for now and come back to it. Even if the teacher doesn't catch her, it is wrong to cheat. She could ask the teacher for help instead!



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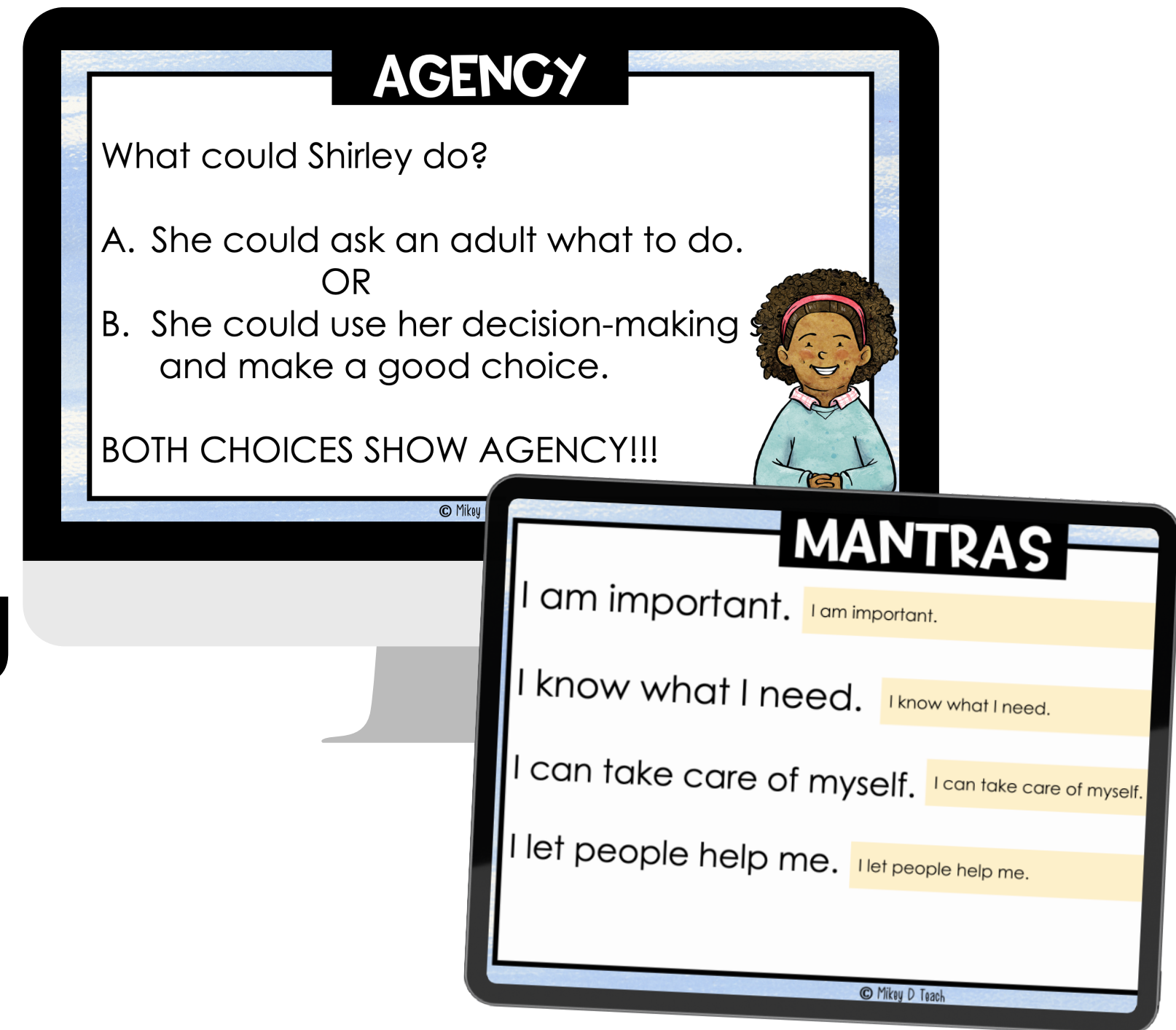
**INCLUDED IN  
THIS RESOURCE**

 Agency Definition & Explanation

 4 Real-World Scenarios for Self-Advocacy

 4 Real-World Scenarios for Wise Decision Making

 Mantras




**AGENCY**

What could Shirley do?

A. She could ask an adult what to do.  
OR  
B. She could use her decision-making skills and make a good choice.

**BOTH CHOICES SHOW AGENCY!!!**



**MANTRAS**

I am important. I am important.

I know what I need. I know what I need.

I can take care of myself. I can take care of myself.

I let people help me. I let people help me.

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# CASEL Alignment



- ✓ **Main Focus:  
Self-Awareness**
- ✓ This lesson focuses on self-advocacy, agency, and the ability to make wise decisions.

# FEATURES

Relatable social stories

Interactive elements  
for maximum student  
engagement

Conversation  
starters for small or  
whole group  
discussion

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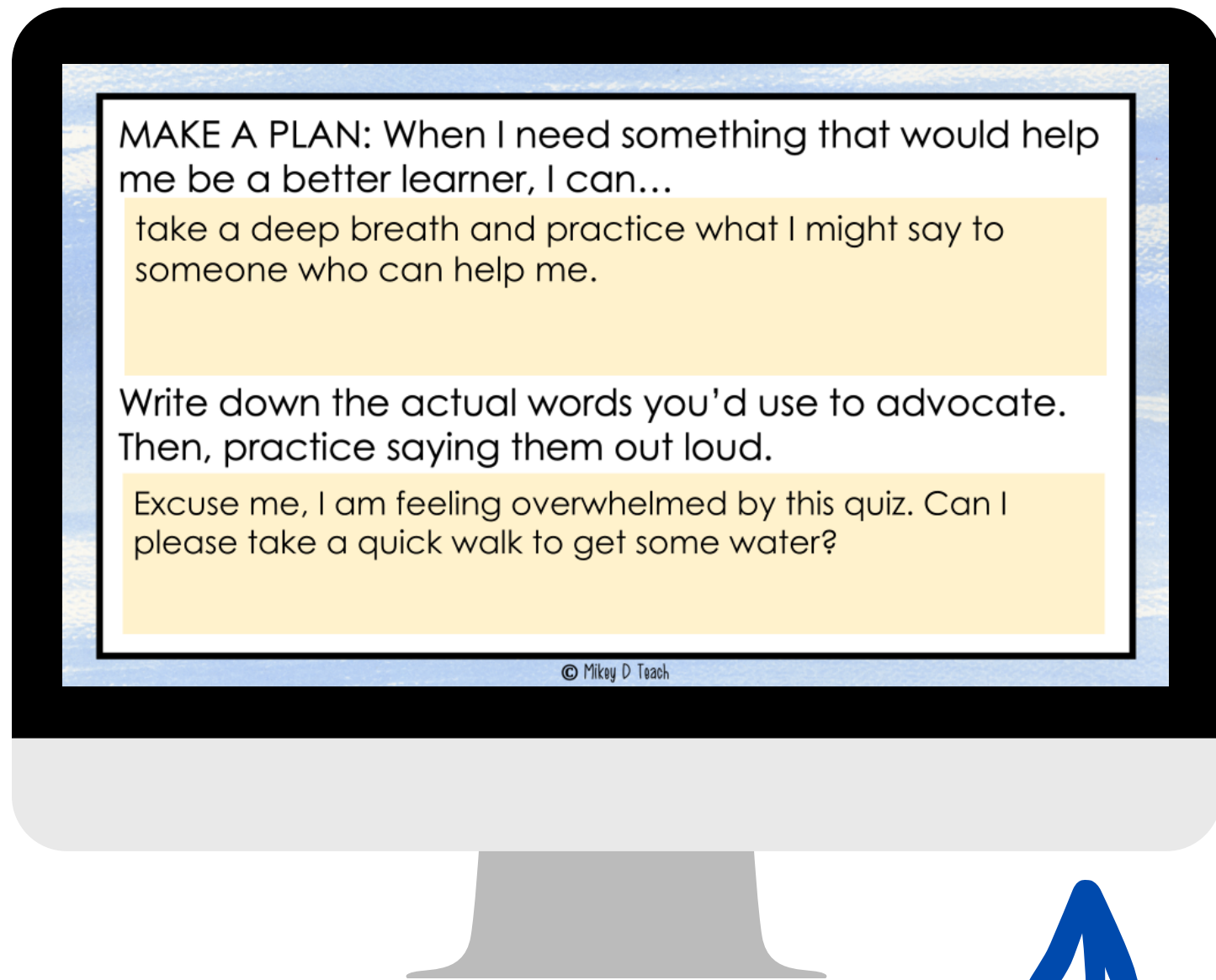
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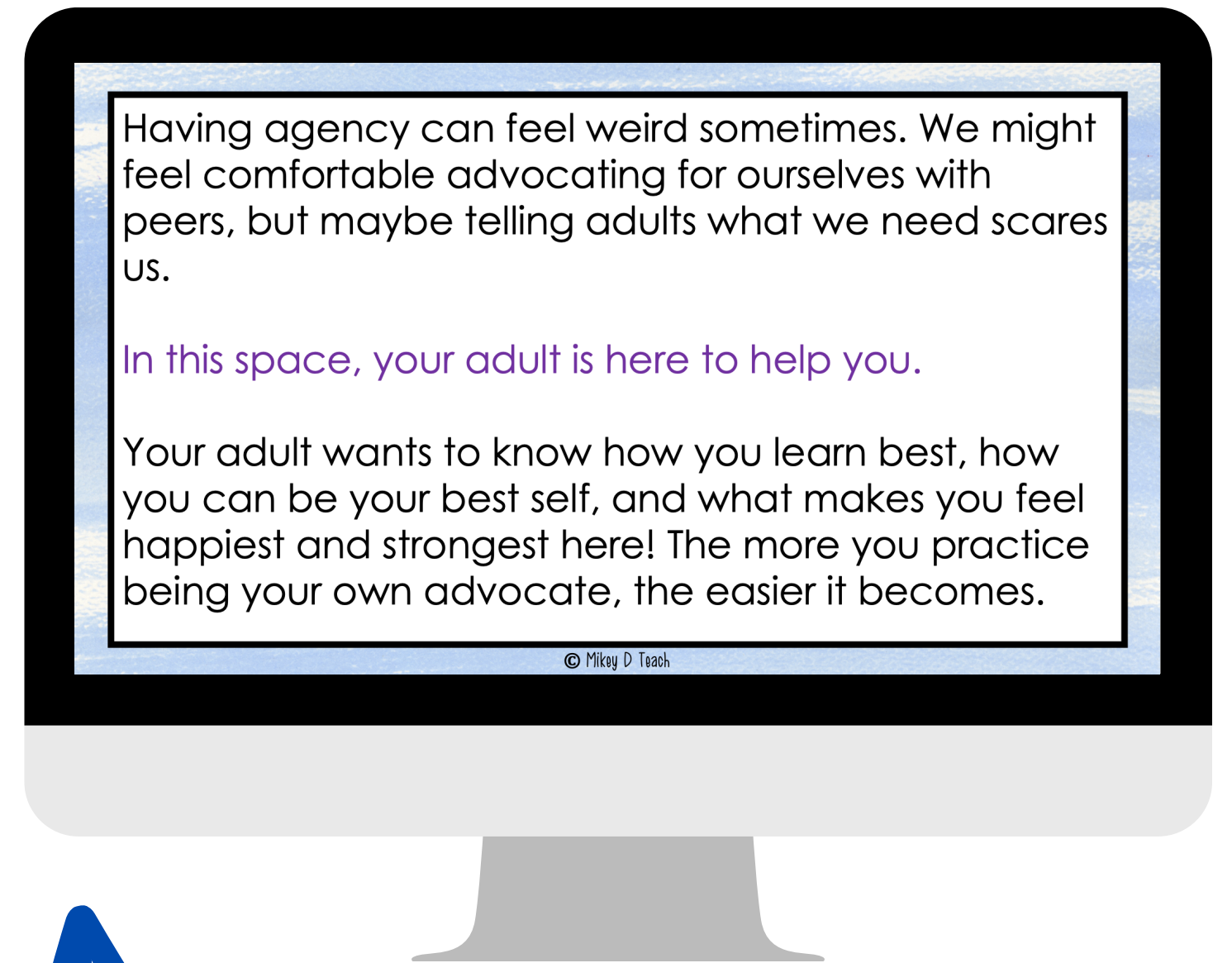
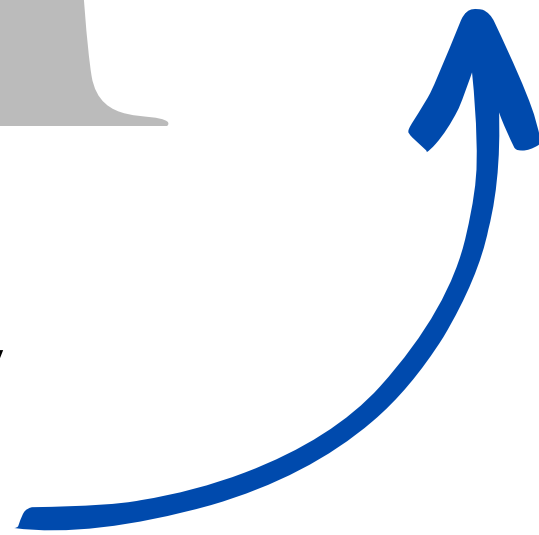


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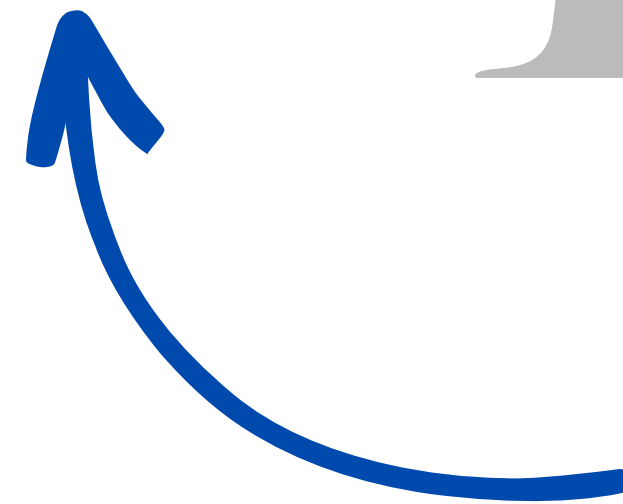
# More Features



Students create a plan for when they need to advocate



Helpful slides for teacher instruction



# Ways to Use this Resource

## Tier 1

Whole-Class Lessons

Independent Work

## Tiers 2 and 3

Small Group Pull-out

1:1 Sessions



# The SELebration Curriculum Bundle

Access to all of the SEL Lessons in the SELebration Curriculum!

- 20 Total Lessons
- Immediate access to all resources
- Access to all future updates and additions

“GREAT resource for SEL for older kids. The lessons are engaging and the videos are great and the intentionality is impressive. ~ Hayley”

## SELebration Learning Curriculum Bundle

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Upper Elementary

CASEL Aligned

Click to learn more!